

3rd DAN

KIHON WAZA

1. Kette Junzuki
2. Kette Gyakuzuki
3. Tobikomizuki
4. Nagashizuki
5. Mawashigeri Jodan
6. Sokuto Jodan
7. Ushirogeri Chudan
8. Tobigeri Jodan

RENKI WAZA

1. Surikomi Maegeri Chudan – Nagashizuki Jodan – Mawashigeri Jodan
2. Sune-Geri – Mawashigeri Jodan – Ushirogeri Chudan – Gyakuzuki Chudan

IPPON KUMITE

- Jodan Uke: Nihonme & Sanbonme
Chudan Uke: Nihonme & Yonhonme
Maegeri Uke: Gohonme & Ropponme

OHYO KUMITE

Nanahonme & Happonme

KIHON KUMITE

Happonme & Kyuhonme

KATA

Bassai, Wanshu & Niseishi

JI YU KUMITE

ENGLAND WADO-KAI KARATE-DO RENMEI

イングランド和道会空手道連盟



DAN GRADE SYLLABUS

AS FROM JANUARY 2020

REQUIREMENTS

- 1st Dan – Applicants must have held 1st Kyu for at least 6 months.
2nd Dan – Applicants must have held 1st Dan for at least 2 years.
3rd Dan – Applicants must have held 2nd Dan for at least 3 years and have made the maximum contribution to all EWKR events.

FEES & CERTIFICATIONS

Registration fees for successful applicants is £75.00.
Certification will be with both EWKR and The Federation of Wado-Kai Europe.
Successful applicants must pay the Registration fee immediately.

EXAMINATION

The Dan Gradings will include a written examination (theory paper).
The results of the theory paper will be confidential and no dialogue will be allowed with EWKR officials or discussion of any kind permitted.

1st DAN

KIHON WAZA

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki-no-tsukomi
4. Kette Gyakuzuki-no-tsukomi
5. Nagashizuki
6. Mawashigeri Jodan
7. Sokuto Jodan
8. Ushirogeri Chudan

RENKI WAZA

1. Maegeri Chudan – Mawashigeri Chudan – Ushirogeri Chudan – Gyakuzuki Chudan
2. Maegeri Chudan – Nagashizuki Jodan – Gyakuzuki Chudan – Mawashigeri Chudan

IPPON KUMITE

Jodan Uke: Ipponme & Sanbonme
Chudan Uke: Ipponme & Sanbonme
Maegeri Uke: Ipponme & Sanbonme

OHYO KUMITE

Nihonme, Sanbonme & Yonhomne

KIHON KUMITE

Ipponme & Nihonme

KATA

Kushanku, Naihanchi and a Pinan Kata of the examiners choice

JI YU KUMITE

2nd DAN

KIHON WAZA

1. Kette Junzuki
2. Kette Gyakuzuki
3. Kette Junzuki-no-tsukomi
4. Kette Gyakuzuki-no-tsukomi
5. Nagashizuki
6. Surikomi Mawashigeri Jodan
7. Surikomi Sokuto Jodan
8. Ushirogeri Chudan

RENKI WAZA

1. Surikomi Maegeri Chudan – Sokuto Chudan – Ushirogeri Chudan – Uraken Jodan
2. Zenshite Jodan – Chudan Zuki – Maegeri Chudan – Nagashizuki Jodan – Gyakuzuki Chudan – Mawashigeri Chudan

IPPON KUMITE

Jodan Uke: Nihonme & Yonhonme
Chudan Uke: Nihonme & Yonhonme
Maegeri Uke: Nihonme & Ropponme

OHYO KUMITE

Ropponme & Nanahonme

KIHON KUMITE

Gohonme & Ropponme

KATA

Bassai & Wanshu

JI YU KUMITE